



2023 FOIL ACADEMY INTERNATIONAL TROPHY

NOTICE OF RACE & SAILING INSTRUCTIONS (NoR/SI) To be supplemented by Local Sailing Instructions (LSI)

Published: 31 Oct 2023
Version V2 *(01/12/2023)
Version V3 * (07/12/2023)
Version V4 * (16/12/2023)

1 DATE AND VENUE

Venue	Organizing Authority	Dates
Molo Ichnusa Centro P.O. FIV Cagliari ITALY	Federazione Italiana Vela	18 December 2023 - 23 December 2023
39°12'28.1"N		
9°06'50.9"E		

2 RULES

- 2.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 2.2 The Waszp Class Rules apply https://waszp.com/wp-content/uploads/2023/05/WASZP_Class_Rules_r14.pdf
The IQFOIL YOUTH Class Rules: https://d2cx26qpfwuhvu.cloudfront.net/sailing/wp-content/uploads/2022/02/19001657/IQFYJ_CR_20220301.pdf

Wingfoil Racing CR: https://wingfoilracing.com/images/documents/CR%20-%20WFO_20230215.pdf

- 2.3 Local Sailing Instructions (LSI) will be published and may change or supplement rules in these NoR/SIs.
- 2.4 The terms 'rider', 'competitor', 'crew', 'athlete' and 'owner' mean a person competing, or intending to compete, in the event;

3 EVENTS, QUOTAS AND ELIGIBILITY

- 3.1 There will be competition in the following events, classes and categories:

EVENT	CLASS	DIVISION	MAX QUOTA	MAX NATIONS
WASZP Racing	Open	OPEN	24	12
IQFOIL	IQ Youth	OPEN	12	6
WINGFOIL	Racing/A.Style	OPEN	12	6

- 3.2 Competitors shall bring their own PERSONAL equipment.

- 3.3 _____ FREE TO USE

4 ENTRY AND REGISTRATION

- 4.1 Competitor registrations shall be made via email: segreteria@sardiniasailingcup.it
- 4.2 Entries will be accepted following the official list
- 4.3 No support boats are allowed on the field of play and adjacent waters without prior registration and approval.
- 4.4 Competitors shall provide the following documentation prior to completing registration formalities on site:
- Proof of age;
 - Parental/legal guardian consent - for those under the age of 18; and
 - Medical Treatment Permission - for those under age of 18 or on their parent's medical insurance policy.

5 SCHEDULE

- 5.1 The schedule will be as follows (all times are local):

18 dic 2023	Arrival Athletes Venue opens and Equipment preparation. Press Conference Free Practice	09:00 12:30 14:00**
19 dic 2023	Skipper meeting Mandatory Photo Shooting Official start race WASZP	09:30 11:00
20 Dec 2023	First possible Warning signal – Races	11:00
21 Dec 2023	Races	11:00
22 Dec 2023	Races Following prize giving and ceremony	11:00 After finals
23 Dec 2023	Event Closing and departure	11:00

- 5.2 Each racing day may have separate course area for Wingfoil & IQFoil races and Waszp.
- 5.3 Multiple Races are scheduled per racing day.
- 5.4 A skippers meeting will be held daily 90 minutes before the first scheduled warning signal.

- 5.5 Addendum 3 shows the provisional race schedule, including the time of the first warning signal and the number of scheduled races.
- 5.6 Any change to the times of the first warning signal in Addendum 3 will be posted no later than 20:00 on the previous evening of any race affected.
- 5.7 On the last day of racing no warning signal will be made after 1530 hours.

6 FORMAT AND SCORING

- 6.1 One race for all fleets is required to be completed to constitute an event.
- 6.2 ROUND ROBIN format will be used, all fleet/heat/fly will be presented after registration.
- 6.3 For IQFoil will be Slalom mainly as primary format, might be the case for the Marathon.
- 6.4 For Wingfoil, Racing, LD, Slalom and Expression might be used due to conditions
- 6.5 Division rankings (if any) will be established by simple extraction from the overall standings.
- 6.6 For each class will be use the best score to determine the Nation Ranking Trophy.

7 NOT IN USE

8 COURSES AND RACING AREAS

- 8.1 Courses will be published in the Local Sailing Instructions according with the number of athletes and final race course.
- 8.3 Courses will not be shortened. This changes RRS 32.
- 8.4 Addendum 4 shows the location of the venue and the course area.

9 STARTING AND FINISHING

- 9.1 To alert the Classes that a sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 9.2 The starting line will be between a staff displaying an orange flag on the race committee vessel and either:
 - a) the course side of the port-end inflatable mark, or
 - b) a staff displaying an orange flag on the race committee vessel on the port end.This changes RRS Race Signals.
- 9.3 A Waszp / IQ and WF starting later than 1 minute after her starting signal will be scored Did Not Start. This changes RRS A5.1 and A5.2
- 9.4 The finishing line will be between a staff displaying a blue/finish flag and the course side of the nearby leeward finishing mark. This changes RRS Race Signals.
- 9.5 [DP] When a starting sequence is in progress, whose warning signal has not been made shall avoid the starting area. The starting area is defined as an area 100 meters from the starting line and marks in all directions.
- 9.6 [DP] WASZP- IQFoil and WF that have finished shall sail clear of the finish area.

10 TIME LIMITS AND TARGET TIMES

- 10.1 Time limits and target times, in minutes, are as per LSI.
- 10.2 If no WASZP rounds Mark 1 within the Mark 1 time limit, the race shall be abandoned.
- 10.3 for all classes, Not meeting the target time will not be grounds for redress. This changes RRS 62.1(a).
- 10.4 Boats not finishing within the Finish Time Window (time after the first starts, sails the course and finishes) will be scored DNF without a hearing. This changes RRS 35, A5.1 and A5.2

11 [DP] [SP] [NP] IDENTIFICATION AND ADVERTISING

- 11.1 When provided by the organizing authority, and competitors shall carry, display or wear the following as instructed:
 - 11.1.1 Competition bibs for all competitors with an individually assigned competition number, worn as intended over all other clothing and equipment at any time when afloat.
 - 11.1.2 Event leader bibs with an individually assigned competition number, worn as intended over all other clothing and equipment at any time when afloat.
 - 11.1.3 Event advertising
 - 11.1.4 Cameras and other media equipment
 - 11.1.5 Tracking and timing equipment.
- 11.2 WASZP/IQFoil and WingFoil shall not display advertising from previous events.

12 COMMUNICATION WITH COMPETITORS

- 12.1 The official notice board is online here : www.sardiniasailingcup.it/rrs
- 12.2 The location of the official flagpole will be described in the LSI.
- 12.3 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP. AP might be display with class flag. This changes RRS Race Signals.
- 12.4 The LSIs will be posted on the official notice board no later than the skippers meeting.

13 CHANGES TO NOTICE OF RACE AND SAILING INSTRUCTIONS

Any change to the NoR/SI and the LSI will be posted 30 minutes before it will take effect.

14 [DP] [SP] [NP] SAFETY

REGULATIONS

- 14.1 When Flag G is displayed ashore, competitors returning ashore shall either personally check in at the official flag pole where the flag is displayed, or be reported as safe by their support personnel.
- 14.2 Boats not leaving the launching area for a scheduled race shall promptly notify the race committee.
- 14.3 A helmet if required by CR, need to be the minimum standard EN1385 or EN1077 or equivalent.
- 14.4 Body protection (Impact vest) which may also act as a personal flotation device in accordance with CR C.3.2(b) shall be worn at all times when afloat, except briefly while changing or adjusting clothing or personal equipment.

15 [DP] [NP] CODE OF CONDUCT

- 15.1 Competitors and support persons shall comply with any reasonable request from an event official. Non-compliance may be misconduct.
- 15.2 Sailors not racing shall remain clear of areas where are racing and to any official boat.

16 NOT IN USE

17 NATIONAL JURY

Jury will be appointed and presented at the skipper briefing..

18 HEARING REQUESTS AND PENALTIES

- 18.1 Hearing request forms for all classes competing, are available through the online platform.
- 18.2 The protest time limits will be described in the LSI.
- 18.2 Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held beginning at the time posted. Hearings may be scheduled to begin up to 15 minutes before the end of the protest time limit.
- 18.5 Penalties for breaches of class rules or rules in the NoR and SIs marked [DP] or [SP], should the case go to a hearing, are at the discretion of the protest committee.
- 18.6 For breaches of NoR/SI marked [SP], the race committee or technical committee may apply a standard penalty without a hearing to the race closest in time to the incident. The scores of other WASZP shall not be changed; therefore, two WASZP may receive the same score. However, the race committee or technical committee may protest a WASZP when they consider the standard penalty to be inappropriate. A WASZP that has been penalized with a standard penalty can neither be protested for the same incident by another WASZP nor can

another WASZP request redress for this race committee action. This changes RRS 60.1, 63.1 and Appendix A5.

19 SUPPORT PERSONS (INCLUDING SUPPORT BOATS)

19.1 NO SUPPORT BOAT ARE ALLOWED.

20 [DP] [NP] PRIZES, VICTORY CEREMONY

20.1 Trophies will be awarded to the FIRST 3 NATION TEAM.

20.2 Trophies will be awarded to the podium class for each disciplines.

21 [NP] [DP] INSURANCE

21.1 Each competitor, person in charge under RRS 46 and boat driver shall hold a valid insurance certificate showing proof of third-party liability coverage of at least 2 million Euro or equivalent per incident.

21.2 The Organizing Authority is not responsible for verifying the status or validity of certificates.

22 NOT USE

23 RISK STATEMENT

23.1. In cases of force majeure or on grounds of administrative orders or for safety reasons, the organizing authority is entitled to make changes in the realization of the event or to cancel the event. This does not constitute any liability by the organizer towards the participant, if the reasons for the changes or the cancellation do not result from a wilful or grossly negligent behavior of the organizer.

23.2. In case of a violation of obligations that do not constitute primary or material contractual duties (cardinal obligations), the liability of the organizer for financial and property damages incurred by the participant during or in connection with the participation in the event and resulting from a conduct of the organizer, the involved classes and their representatives, servants or agents (including but not limited to race committee, protest committee and technical committee), is restricted to damages that were caused willfully or grossly negligent. When a violation of cardinal obligations occurs due to minor negligence, the liability of the organizer is limited to foreseeable, typical damages.

23.3 Competitors and support team participate in the event entirely at their own risk and they are reminded of the provisions of RRS 3, Decision to Race. Is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- They acknowledge that there are risks involved in the Event. They fully realise the dangers of participating in the Event, and fully assume the risks associated with their participation and their wellbeing and safety during and after the Event.
- They understand and acknowledge that the Event organisers (including all officials and event volunteers) provide no warranties, regarding their wellbeing and safety.
- They acknowledge that participating in this event may involve a test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. The risks include, but are not limited to, those caused by the elements, facilities, temperature, weather, condition of participants, equipment, vehicular traffic, lack of hydration, and actions of other people including, but not limited to, participants, volunteers, officials, and/or producers of the event.
- They agree that to the extent permissible by law, World Sailing, the International WASZP, their classes, the event organizers (including all officials and event volunteers), the sponsors and other parties associated with the Event, have no liability to them whatsoever for any direct or indirect loss, (including, but not limited to injury or death) sustained by them during or in any way related to their participation in the Event.
- They WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for their death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to them including their traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: World Sailing, The Association, their classes, the event organizers (including all officials and event volunteers), the sponsors and other parties associated with the Event, employees, volunteers, representatives, and agents, and the event holders, sponsors, and volunteers;
- They INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned in the above paragraphs from any and all liabilities or claims made as a result of participation in this event, whether caused by the negligence of release or otherwise.
- They have taken medical advice on any pre-existing medical conditions and confirm that it is medically safe for them to participate in the Event.
- They are responsible for the safety of themselves, their equipment and their other property at any time.
- They are satisfied that their equipment is in good order, equipped to compete in the event and they are fit to participate;
- They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- They consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this event.
- They acknowledge that the provision of a race management and rescue team, judges, umpires and other officials and volunteers by the organizer does not relieve them of their own responsibilities;
- They acknowledge that the provision of rescue craft cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

24 [DP] [NP] MEDIA RIGHTS

By participating in the event, competitors and support personnel automatically grant to the organizing authority, all involved classes, MNA, and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the athlete during and after the period of the event without compensation.

25 DATA PROTECTION AND PRIVACY

With registration the competitor or support person agrees on data usage as defined in this data protection and privacy notice. **See Privacy Notice at the venue during registration.**

Reference is made to data protection of personal information and data. Any personal information and data given to the organizers will be used only as follows:

- (a) All data regarding participating athletes, support personnel will be processed and archived for the purpose of this event and events of similar nature that might be of interest to the participant.
- (b) Personal information contains the participant's real name, date of birth, home club, boat type, boat number, address data, mobile phone, email address and emergency contact information. In particular, results, calculatory and visual analyses, position monitoring and race analyses will be published with reference to the competitors' names.

26 FURTHER INFORMATION (NOT PART OF THE NOTICE OF RACE)

26.1 Contacts

Organization	Name / Surname	Email / Phone
SSC – III Zona	Valentina Marrocu	segreteria@Sardiniasailingcup.it
Coordinamento	<u>Mirco Babini</u>	RM@Sardiniasailingcup.it babinimirco@gmail.com

26.2 Accommodation and logistics:

Official hotel in Cagliari, contact organisation.

26.3 Travel and Transport: segreteria@Sardiniasailingcup.it

27 DOCUMENT CHANGE HISTORY

Published: 31 Oct 2023

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ADDENDUM 1

COURSE DIAGRAMS

Different courses will be posted on the LSI

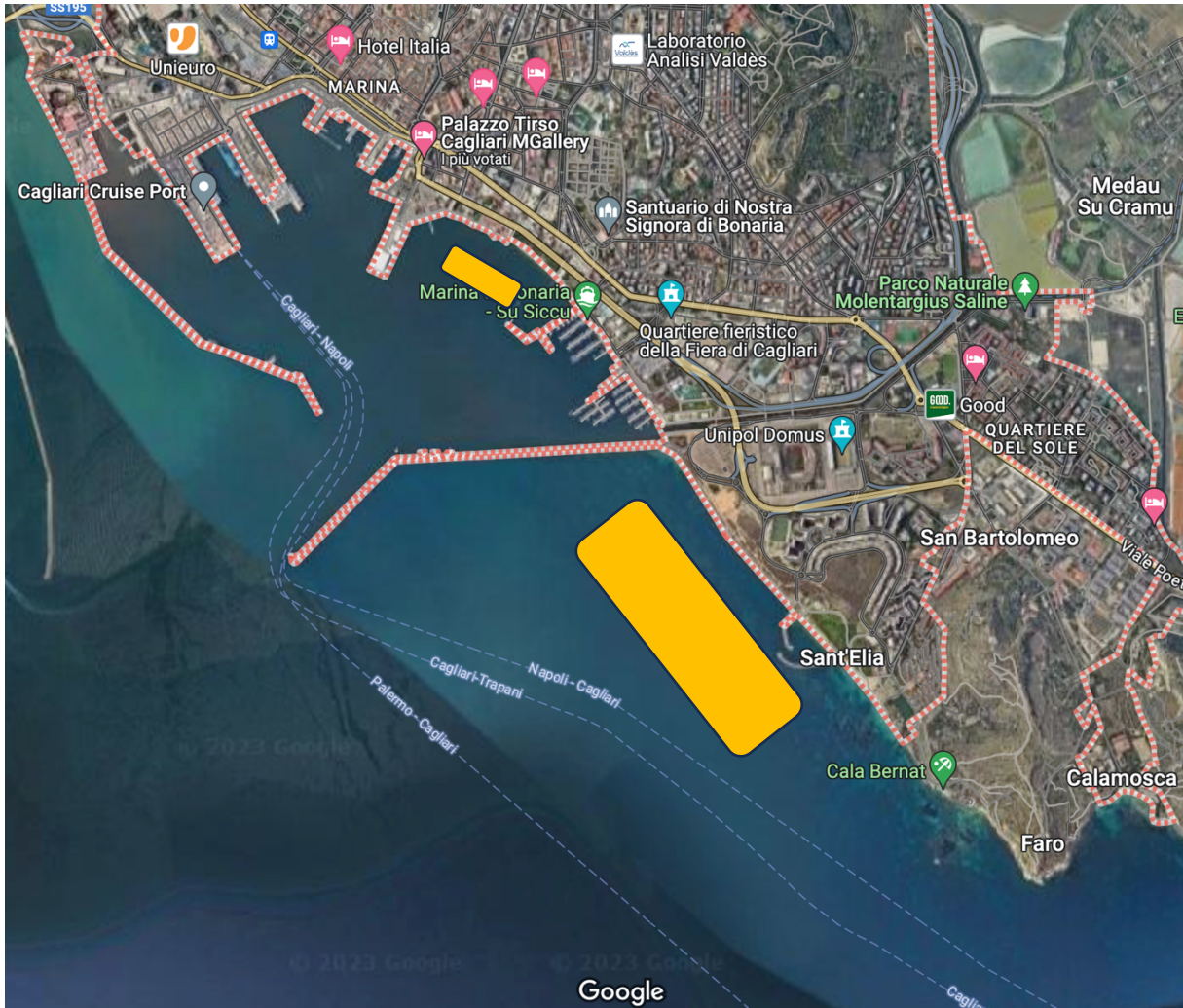
ADDENDUM 3

SCHEDULE OF RACES

Event Stage	18 Dec 2023	19 Dec 2023	20 Dec 2023	21 Dec 2023	22 Dec 2023	23 Dec 2023
	Venue Open	Warning signal	Warning Signal	Warning Signal	Warning Signal	Departure
All classes		format	Format	Format	Format	
Racing	1400	1100	1100	1100	1100	0900
WASZP	Free practice	Racing	Racing	Racing	Racing	Closing courses
IQFoil		Official practice	Official practice	Racing	Racing	
WingFoil		Official practice	Racing	Racing	Racing	

ADDENDUM 4

COURSE AREA



AND VENUE MAP